

## WELCOME TO ASCENSION

VE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

We are only allowing **between 22 and 44** people in  
**Church and 20 people in Church Hall**

<b>SUN</b>	<b>AUG 23</b>	<b>12<sup>TH</sup> SUNDAY AFTER PENTECOST</b> 1 Cor 15:1-11 Mt 19:16-26 <b>Divine Liturgy for Our Parishioners and HGB Bishop Basel Losten by Fr. Alex</b>
	<b>11:00</b>	
<u>Tue</u>	<u>Aug 25</u>	<u>8:30am Divine Liturgy for Our Parishioners and + John Labanish by Betta Labanish</u>
<u>Wed</u>	<u>Aug 26</u>	<u>8:30am Divine Liturgy for Our Parishioners and +Thomas Eichner by Suzanne Cook After Moleben to the Theotokos -Special Intentions-For Peace in Our Country</u>
<u>Thu</u>	<u>Aug 27</u>	<u>8:30am Divine Liturgy for Our Parishioners and + Justina Lestishock by Eugene Kokinda After Short Bible Reflection 6:00pm "ROSARY" Prayer for Protection and Healing of the coronavirus and all serious illnesses by Men's Club</u>
<b>SUN</b>	<b>AUG 30</b>	<b>13<sup>TH</sup> SUNDAY AFTER PENTECOST</b> 1 Cor 16:13-24 Mt 21:33-42 <b>Divine Liturgy for Our Parishioners and Monika and John Ruskus by Fr. Alex</b>
	<b>11:00</b>	

Keep practicing social distancing and use a mask when out  
and about as we continue through the "reopening" process.

# God bless America!!!

## Prayer to Guardian Angel

Angel of God, my guardian dear, to whom His love commits me here:  
ever this day be at my side, to light and guard, to rule and guide. Amen

### **LIVE-STREAMING DIVINE LITURGY AND PRAYERS**

**Ascension of Our Lord Byzantine Catholic Church** is providing live broadcasts of Divine Liturgy and prayers on the internet for those who would like to experience our worship and pray with us, but are unable to join us because of limited access due to COVID-19, work, personal illness or distance. Attending the services via live streaming is an aid to sincere devotion but if you are able, we look forward to having you join us in person. For easy access to our Facebook, go to our website, [ascensionVA.org](http://ascensionVA.org) and link to our Facebook page. Past liturgies are also in an archive of videos on our website.

### FINANCIALS

Total Contributions: Monthly Dues -0.00 Holyday 0.00  
Offertory – 0.00 Non-Monetary Donation – 0.00 Fuel –0.00 Rainy Day  
Fund-0.00 Candles –0.00

Are you aware of any organization or church that is selling  
used church pews? Desired length 12 feet. If so, please speak  
to Father or a Trustee.

When receiving Holy Communion, closely approach Father Alex, tell him your first name, tilt your head back, widely open your mouth (no need to extend your tongue). Father Alex will say the prayer while dropping the Precious Species into your mouth with a spoon  
*We use one-time spoon.*

**Read Full Bulletin online [www. ascensionva.org](http://www.ascensionva.org)**

## New Information:

Due to the uncertainty of the COVID pandemic, all Yard Sales are postponed until masks are not longer needed to be worn. Only donations of furniture and finer antiques will be accepted due to limited storage space. Please contact Mary Jean Sotack if you have items for donation. Online sales will continue for these items. Thank you for your support!

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### Schedule

**Divine Liturgy:** Sundays, 11 AM  
                                    Tuesdays, 8:30 AM  
                                    Wednesdays, 8:30 AM  
                                    Thursdays, 8:30 AM  
**Rosary:**                    Thursdays, 6 PM

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### HAPPY AUGUST BIRTHDAYS

17<sup>th</sup>     Sydney Marie Karlson  
21<sup>st</sup>     Loretta Fetsko  
28<sup>th</sup>     Micalah Cook

### AUGUST EVENTS

### **Recommendation from Bishop concerning attending Divine Liturgy and receiving Holy Communion.**

1. Should you stay home from Divine Liturgy? Please use your own prudence. If you believe you are sick, or you are in danger, you are dispensed from attending, and God will bless you for praying home.
2. Should you avoid receiving Holy Communion on spoon? St. Paul says about communion, “Let each one examine himself.” If you believe you are sick, or that you are in danger because of weak health, and you do not receive, I promise you that God will still bless you with His abundance of graces.

### **Prayer to Defeat the Work of Satan**

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the power of your greatest enemy- the evil spirits. Cast them into the deepest recesses of hell and chain them there forever! Take possession of Your Kingdom which You have created and which is rightfully Yours. Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I repeat this prayer out of pure love for You, with every beat of my heart and with every breath I take. Amen (Imprimatur March 1973, +Richard H. Ackerman, Bishop of Covington)

### **COMMITTEES**

Trustees:	Mike Olson, David Efimetz
Bible Study with Coffee:	Linda Lechman
Liturgical/Church Website:	Don Merkely
Men’s Club:	John Alexander
Outreach Cleaning:	Betty Mae Hertz
Property:	Father Alex
Publicity:	Mary Jean Sotack
Security:	Mike Olson
Secretary:	Ann Kelly
Book Keeper	Patty Dutry
Youth:	Sasha Kusno

### **HOSPITALITY**

Please see Bulletin Board at the entrance to St Phillip's Hall for schedule of Lectures, Financial Records and Hospitality.

### NO Hospitality

Enrollment for children's Eastern Catholic faith formation is still open.  
Ages 5-17. Please Call Patty or Sasha.

Sanctuary Lamp: **HGB Margan Family**, Requested by Katarina Margan

Tetrapod Lamp: **HGB Morgan and Kevin Kelly** Requested by Ann Kelly

Theotokos & Child Lamp: **HGB Laini Noonan**, Requested by Chris Noonan

Christ Teacher Lamp: **HGB Patrick Alexander**, Requested by Lee & Kathy Alexander

John Baptist Lamp: **HGB John Alexander**, Requested by Lee and Kathy Alexander

Protection Theotokos Lamp: **For Our Parishioners and Pease in Our Country**

St. Nicholas Lamp: **For Our Parishioners and Pease in Our Country**

## Spiritual Communion

O Jesus, I turn toward the holy tabernacle where you live hidden for love of me. I love You, O my God, I cannot receive You in Holy Communion. Come, nevertheless, and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

### Prayer for Strength

"Holy Spirit, I need You more than ever right now. My heart is hurting, and I feel overwhelmed with loneliness. At this moment, I welcome Your presence, Your peace, and Your love. Thank You for filling me with Your overwhelming comfort, holding me in Your arms and surrounding me with Your healing love. Your Word says that because I'm Your child when I hurt, You hurt too. Thank You for caring about every single detail of my life, wiping away my tears, and for always being here for me. I love You, Lord. In Jesus' name, Amen."

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Lord, I'm not praying for miracles and visions, **I'm only asking for strength for my days**. Teach me the art of small steps. Make me clever and resourceful, so that I can

find important discoveries and experiences among the diversity of days. Help me use my time better. Present me with the sense to be able to judge whether something is important or not. I pray for the power of discipline and moderation, not only to run throughout my life, but also to live my days reasonably, and observe unexpected pleasures and heights.

**Save me from the naive belief that everything in life has to go smoothly.** Give me the sober recognition that difficulties, failures, fiascos, and setbacks are given to us by life itself to make us grow and mature. Send me the right person at the right moment, who will have enough courage and love to utter the truth!

**I know that many problems solve themselves, so please teach me patience.** You know how much we need friendship. Make me worthy of this nicest, hardest, riskiest and most fragile gift of life. Give me enough imagination to be able to share with someone a little bit of warmth, in the right place, at the right time, with words or with silence. Spare me the fear of missing out on life. Do not give me the things I desire, but the things I need.

**Teach me the art of small steps!'**

“A Soulful Prayer by Antoine DE Saint-Exupery”

Thank you again for your continued support and your patience as we work through these challenging times together.

Please pray for me and I will continue to pray for you.  
Let us not forget to pray for our country! God bless you  
Fr. Alex

## Parishioner to Parishioners

Wow; what a great question last night. What is the Holy Spirit of the Trinity? This is a follow up on the short answer I gave. Pull out your bibles. Mostly Saint John with a little bit of St Paul.

Three persons; one God....

### God the Father God is the Word

"In the beginning was the word and the word was with God and the word was God" (John 1:1). The word of God is responsible for all creation and we have the word of God in the books of the bible. For many protestant sects that's it, the bible and what is in it only. For Catholics the Word of God is not only in the Bible but also living and fresh and with us every moment, today until the end of times...

"For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and spirit, of joints and marrow, and discerning the thoughts and intentions of the heart. And before him no creature is hidden, but all are open and laid bare to the eyes of him with whom we have to do" (Heb. 4:12-13)

### God the Son - Jesus is God Incarnate

And the Word became flesh and dwelt among us full of grace and truth.... John 1:14. Incarnate is a Latin term meaning to make flesh. Jesus, the incarnate form of God came into the world to redeem mankind. It is through Jesus Christ we are to be saved. "Jesus said to him, I am the way, the truth, and the life; no one comes to the Father, but by Me." (John 14:6)

### God the Holy Spirit - The Holy Spirit is God's Will in action.

God projects his Will through the Holy Spirit in the form of Christian action. The bible uses different terms like water, fire, wind and breath... It all defines the will of God being worked through the Holy Spirit. Some religious sects like the Jehovah Witnesses, hold that God the Spirit is not an independent person from God the Father or God the Son. Some versions of the Bible do not capitalize the name of the Holy Spirit, which is meant to diminish the Holy Spirit in relation to God and to Jesus.

***The Holy Spirit is a distinct person of the Trinity. Some examples from the Gospel of John.*** John 14:26 John 16:7-14

*Hymn to the Holy Spirit...*

*Heavenly King, Comforter, Spirit of Truth*

*You are everywhere present and fill all things.*

*Treasury of blessings and Giver of Life,*

*Come and dwell within in us,*

*Cleanse us of all stain,*

*And save our souls O Gracious One.*

Teach our children well so that they may know the truth and not be deceived.

Love Dad